



# Common sexually transmitted infections

HOW DO YOU GET IT??	SYMPTOMS	IF NOT TREATED...
<b>CHLAMYDIA</b> <ul style="list-style-type: none"> <li>Sexual intercourse (vaginal, anal, oral) with a person who has it</li> </ul>	<ul style="list-style-type: none"> <li>Often no symptoms in women, can cause vaginal bleeding &amp; lower abdominal pain</li> <li>In men pus like discharge from penis or anus &amp; burning urine 2-14 days after infection</li> </ul>	<ul style="list-style-type: none"> <li>Can cause sterility in both men &amp; women</li> <li>In women may cause PID</li> <li>Eye infections &amp; pneumonia in newborn infants of women who have it</li> </ul>
<b>GENITAL HERPES</b> <ul style="list-style-type: none"> <li>Sexual intercourse (vaginal, anal, oral) with a person who has it</li> <li>Herpes simplex 1 (oral herpes) can be transmitted to genitals during oral genital sex</li> <li>Self transmitted by fingers on oral blisters</li> </ul>	<ul style="list-style-type: none"> <li>Symptoms appear from 2 to 20 days after contact with infected person, but may not appear for months or years after contact</li> <li>Itching, tingling &amp; aching of infected areas</li> <li>Then sore-like blisters which are very painful</li> </ul>	<ul style="list-style-type: none"> <li>Can cause birth defects if first outbreak early in pregnancy or if sores come in contact with baby during birth</li> </ul>
<b>GENITAL WARTS</b> <ul style="list-style-type: none"> <li>Sexually transmitted by vaginal, anal or oral sexual activity.</li> <li>Men &amp; women can have warts</li> </ul>	<ul style="list-style-type: none"> <li>Symptoms appear from 6 to 8 weeks after contact</li> <li>Can see them on external areas or by internal examination</li> </ul>	<ul style="list-style-type: none"> <li>Increase in size &amp; number over whole genital area especially moist areas like vagina &amp; cervix</li> <li>In pregnancy, untreated warts become particularly numerous and may impede normal delivery</li> </ul>
<b>GONORRHOEA</b> <ul style="list-style-type: none"> <li>Sexual intercourse (vaginal, anal, oral) with a person who has it</li> <li>In eyes from contact with discharge of infected person</li> <li>NOT spread by towels, toilet seats</li> </ul>	<ul style="list-style-type: none"> <li>Symptoms start 2-10 days after contact</li> <li>Symptoms for men: pain when peeing, sore throat, yellow discharge</li> </ul>	<ul style="list-style-type: none"> <li>Severe inflammation of the genitals, sterility</li> <li>Chronic pelvic pain in women</li> </ul>
<b>HEPATITIS B</b> <ul style="list-style-type: none"> <li>Sexual intercourse (vaginal, anal, oral) with a person who has it</li> <li>Sharing drug injecting equipment</li> </ul>	<ul style="list-style-type: none"> <li>Hepatitis B virus infects the liver</li> <li>Symptoms include; jaundice, fever, loss of appetite, tiredness, pain in the joints</li> </ul>	<ul style="list-style-type: none"> <li>Severe cases of hepatitis may cause permanent liver damage</li> <li>Hepatitis B is the only STI which might be prevented with a vaccine</li> <li>The vaccine involves a course of injections, which can be arranged by a doctor.</li> </ul>
<b>HEPATITIS A</b> Faecal/oral contact transmits Hepatitis A, so sexual practices such as rimming are risky for hep A transmission	<ul style="list-style-type: none"> <li>Hepatitis B virus infects the liver</li> </ul> Symptoms include; jaundice, fever, loss of appetite, tiredness, pain in the joints	

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<b>HIV / AIDS</b> <ul style="list-style-type: none"> <li>Sexual intercourse (vaginal, anal, oral) with a person who has it</li> <li>Sharing infected drug injecting equipment</li> <li>Mother to child transmission via pregnancy, childbirth and breastfeeding</li> </ul>	<ul style="list-style-type: none"> <li>If HIV enters the blood stream of a person, it attacks the white blood cells which make up part of the immune system of the body</li> <li>HIV gradually stops the immune system from working properly</li> <li>Up to 10 years or more after infection, the immune system may become so weak that it can't resist even common illnesses</li> </ul>	<ul style="list-style-type: none"> <li>When life threatening illnesses occur as a result of HIV, the person is diagnosed as having AIDS</li> <li>The person with HIV / AIDS may eventually die with an AIDS related illness</li> </ul>
<b>NON SPECIFIC URETHRITIS (NSU)</b> <ul style="list-style-type: none"> <li>penile/vaginal intercourse</li> <li>penile/anal intercourse</li> <li>60% due to Chlamydia</li> <li>not spread by towels or toilet seats</li> </ul>	<ul style="list-style-type: none"> <li>For men – peeing a lot with pain &amp; a watery discharge</li> <li>For women – usually no signs, but if any, they are usually the same as Gonorrhoea: vaginal discharge &amp; lower abdominal pain</li> </ul>	<ul style="list-style-type: none"> <li>Chlamydia is responsible for pneumonia in newborn infants of women who have it</li> <li>Pelvic inflammatory disease (PID)</li> <li>Sterility in men &amp; women</li> <li>Ectopic pregnancy</li> </ul>
<b>SYPHILIS</b> <ul style="list-style-type: none"> <li>Sexual intercourse (vaginal, anal, oral) with a person who has it</li> </ul>	<ul style="list-style-type: none"> <li>A painless sore on the penis, vagina, anus or throat</li> <li>Later signs of syphilis include a rash on the hands feet, or flu like symptoms</li> <li>Syphilis is easily treated with antibiotics</li> </ul>	<ul style="list-style-type: none"> <li>Untreated syphilis can cause serious illness many years later</li> </ul>
<b>THRUSH</b> <ul style="list-style-type: none"> <li>Altered flora in vagina from taking antibiotics, the pill, stress, pregnancy, diabetes, etc...</li> <li>From sexual contact – foreskin of man's penis or woman's vagina</li> </ul>	<ul style="list-style-type: none"> <li>Intense itching which can interfere with sleep &amp; normal activities</li> <li>Vaginal tissues swell up &amp; become red &amp; dry</li> <li>Discharge thick, white curdy with unpleasant smell</li> <li>Women &amp; men can have redness &amp; swelling in genital area due to allergy</li> </ul>	<ul style="list-style-type: none"> <li>May develop in the mouth &amp; bottom of newborn infants</li> </ul>
<b>TRICHOMONIASIS</b> <ul style="list-style-type: none"> <li>Sexual intercourse (vaginal, anal, oral) with a person who has it</li> </ul>	<ul style="list-style-type: none"> <li>May be no symptoms, but women may have frothy yellow discharge</li> </ul>	<ul style="list-style-type: none"> <li>In women, inflamed cervix &amp; urethra.</li> </ul>

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